## **Health and Wellness Learning Outcomes Matrix** March 2017

Program Learning Outcomes:

- 1. Describe how the social, cultural, economic, political, and biological environments affect personal & community health.
- 2. Describe the U.S. health profile, including key indicators, determinants, disparities, access to health services, historical and contemporary trends and implications
- 3. Identify/utilize culturally competent strategies and practices that respect the cultural, social, religious, racial, and ethnic diversity of the patient and family regarding health and disease.
- 4. Identify lifestyle changes and strategies that best optimize health.
- 5. Formulate plans for maximizing wellness and prevention of chronic disease.
- 6. Use an array of technologies that support the process of inquiry and its outcomes, communication, information management and client health promotion.
- 7. Compose written and oral presentations regarding health for lay and professional audiences.

	1	2	3	4	5	6	7
HSCI 190	Х	Х		Х		Х	Х
HSCI 195	Х		Х			Х	Х
HSCI 210	Х					Х	Х
NTSI 201	Х	Х		Х	Х	х	х
NTSI 360	Х	Х	Х	Х	Х	х	Х
HSCI 320	Х	Х	Х	Х	Х	х	Х
HSCI 330			Х	Х	Х	х	
HSCI 340	Х	Х	Х	Х	Х	Х	х
HSCI 410			Х	Х	Х	Х	Х
HSCI 420	Х	Х	Х				Х
HSCI 425	Х					Х	Х
HSCI 430	Х	Х	Х			Х	х