

SAGAMORE RESORT | BOLTON LANDING, NY

WILDERNESS AND WELLNESS CME CONFERENCE 2023

October 16-19

This 3½-day conference will focus on wilderness medicine while promoting your own wellness. How nature affects body, mind, and spirit will be explored at the Sagamore Resort, located on New York's Lake George in the beautiful Adirondack Mountains. Participants will learn to care for patients in the wild or with injuries and diseases that have occurred there. A minimum of 17 CME credits will be offered for both indoor and outdoor educational programs.

The conference begins on Monday, October 16 at 3:30 p.m. (EDT) and concludes on Thursday, October 19 at 1:30 p.m. (EDT). In addition to lectures and workshops, there will be several wellness activities and entertainment. Guests are welcome to enjoy the resort's scenic grounds and activities prior to and following the conference.

Who Should Attend: Physicians, Physician Assistants, Nurse Practitioners/Registered Nurses, and other licensed health professionals.

Speakers and Topics: A complete program including lectures, workshops, and events will be posted as soon as available.

KEYNOTE: Todd Miner, Ed.D., FAWM, Director of Education for the Wilderness & Environmental Medicine Section at the University of Colorado School of Medicine, will discuss "Wilderness As Wellness: An Overview of Wilderness Medicine and Why We Should Care."

CONFERENCE REGISTRATION

Register: nyit.edu/wilderness

Registration Fee: \$695

Includes conference lectures and workshops, CME credits, exhibits, refreshment breaks, and some meals. Registration fee is nonrefundable after August 2, 2023, unless the conference is canceled. Space is limited.

Adirondack Camp Dinner at the Lake: \$100 per person

An optional lakeside dinner for conference attendees and their guests will be held in the Shelving Rock Terrace dining space on October 18.

CME CREDITS

New York Institute of Technology College of Osteopathic Medicine (NYITCOM) is accredited by the American Osteopathic Association (AOA) to provide medical education to physicians. NYITCOM anticipates this program will provide a minimum of 17 AOA Category 1-A CME credits and will report CME credits commensurate with the extent of the physician's participation in these activities.

For additional information on CME credits, contact the NYITCOM Office of Postdoctoral Education.



It is the policy of NYITCOM to ensure balance, independence, objectivity, and scientific rigor in all of its sponsored educational activities and that all contributors present information in an objective, unbiased manner without endorsement or criticism of specific products or services and that the relationships that contributors disclose will not influence their contributions. Presenters are required to disclose to learners all relevant financial relationships with any commercial interests prior to the educational activity.

HOTEL ACCOMMODATIONS

The Sagamore Resort is a luxury hotel with more than 140 years of history. With award-winning dining, immersive outdoor activities, and a magnificent waterfront location, this historical gem embodies the theme of wilderness and wellness.

Conference attendees can choose from accommodations in the Sagamore's historical 1883 hotel or its lake-view lodges with private balconies or patios. Both offer modern luxury while celebrating the Sagamore's rich heritage.

As a conference registrant, you have access to NYITCOM's discounted room rates. Once your registration is submitted, you will receive a confirmation email containing the NYITCOM group code and instructions on how to make your room reservation. The discounted room rates are available until September 16, 2023 or when the group block is sold out.

Check-in time is 4 p.m. Check-out time is noon.

ROOM STYLE	LOCATION	ROOM RATE *
Lodge Buildings 1 through 3		
Lodge rooms	Lower level (interior, no view)	\$269/night
Lake view, one-bedroom suite	Lower level (patio)	\$389/night
Lake view, one-bedroom suite	Walk-in level (balcony)	\$409/night
Lodge Buildings 4 through 7		
Lake view, one-bedroom suite	Walk-in level (balcony)	\$389/night
Hotel Rooms		
	Standard view	\$399/night
	Lake view	\$549/night

**RESERVE BY
SEPTEMBER 16**

Rooms within our block are available on a first-come, first-served basis, so please make your reservation early.

*Nightly room rates include overnight accommodations and are subject to a resort fee of \$95 per room per day. This resort fee includes: complimentary parking; two bottles of water per room, per day; wireless internet in hotel guest rooms and public spaces where available; access to the fitness center, The REC, tennis courts, and indoor pool; complimentary cruise rides on the Sagamore's boat, the Morgen; nightly turndown service upon request; and most of the resort's daily activities. For each additional person (over two people) ages 18+ sharing a room, there is an additional room charge of \$30 per person per day.

Disclaimer: NYITCOM makes every effort to ensure that speakers at NYITCOM-sponsored programs are knowledgeable authorities in their field. Attendees are nevertheless advised that the statements and opinions expressed are those of the speakers, not NYITCOM. Products and services exhibited by companies or organizations other than NYITCOM are not endorsed by NYITCOM.

