Prefix	WESTCHESTER COMMUNITY COLLEGE									
Course Course Fittle Cr. Course Cou	Degree: A.S.					Degree: B.S.				
Prefix Number Title Cr. Prefix Number Title Cr. Prefix Number Cr. Prefix Number Cr. Prefix Number Cr. Prefix Prefix Number Cr. Prefix Number Cr. Prefix Number Cr. Prefix Number Cr. Prefix Prefix Prefix Prefix Number Cr. Prefix	Program o	of Study:				Progra	Program of Study: Exercise Science			
CORR 101 Writing and Research 3 FCWR 101 Writing 3 3 3 3 3 3 3 3 3	Course	Course				Course	Course			CR. APPLY TO 4
ENG 101	Prefix	Number	Title	Cr.	√	Prefix	Number	Title	Cr.	YR. DEGREE
COMM 109 Speech Communication 3 FCSP 105 Foundations of Speech Comm 3 3 3 3 3 3 3 3 3	CORE REQUIREMENTS									
NATION 102 Writing and Literature 3 5 FCWR 151 Writing 1 3 3 3 3 3 3 3 3 3	ENG	101	Writing and Research	3		FCWR	101	Writing I	3	3
MATH	COMM	109	Speech Communication	3		FCSP	105	Foundations of Speech Comm	3	3
Natural Sciences 8	ENG	102	Writing and Literature	3		FCWR	151	Writing II	3	3
BIOL 121	MATH	140	Statistics	4		BIOL	250	Biostatistics (3) and Elective (1)	4	4
BIOL 123 Anatomy and Physiology 2 (and Lab) BIOL 310 Human Physiology** 4 4 4 5 5 5 5 5 5 5	Natural So	ciences		8						
Social Sciences 3	BIOL	121	Anatomy and Physiology 1 (and Lab)			BIOL	210	Human Gross Anatomy**	4	4
PSYCH 101 General Psychology The Arts, Foreign Language, or Other World Civilizations, see SUNY Gen. Ed. The Arts, Foreign Language, or Other World Civilizations, see SUNY Gen. Ed. Social Science Seminar 3 3 3 3 3 3 3 3 3	BIOL	123	Anatomy and Physiology 2 (and Lab)			BIOL	310	Human Physiology**	4	4
The Arts, Foreign Language, or Other World Civilizations, see SUNY Gen. Ed. 3 FCIQ 101 Foundations of Inquiry* 3 3 3 3 3 3 3 3 3	Social Sci	ences		3						
Gen. Ed. 3 FCIQ 101 Foundations of Inquiry" 3 3 3	PSYCH	101	General Psychology			PSYC	101	Introduction to Psychology	3	3
American History or Western Civilization, see SUNY Gen. Ed. 3 CSS ELEC Social Science Seminar 3 3 3 3 3 3 3 3 3			The Arts, Foreign Language, or Other World Civilizations, see SUNY							
DEGREE REQUIREMENTS			Gen. Ed.	3		FCIQ	101	Foundations of Inquiry*	3	3
DEGREE REQUIREMENTS			American History or Western Civilization, see SUNY Gen. Ed.					' '		3
HHP	DEGREE R	EQUIREMEN								<u> </u>
HHP		-		3				Elective	3	3
HHP	ННР	102	<u> </u>	1				Applied toward EXSC 100, if needed		
HHP	HHP		Trends in Fitness & Human Performance	1		EXSC	100	Introduction to Kinesiology	3	3
HHP	ННР	130	Fitness Assessment and Prescription	3		EXSC	210	· ·	3	3
HHP			'							3
HHP		200	Exercise Physiology & Lab	4			300			3
NUTR 101 Foundations of Mutrition 3 NTSI 201 Intro to Clinical Nutrition 3 3 3 3 3 3 3 3 3	ННР	220		3		EXSC	200			3
PE			Foundations of Nutrition	3						3
PE	PE	110	Health and Fitness for Life	2					2	2
Human Performance Elective, select ONE of the following courses: 3		116	First Aid/CPR/AED	1				Applied toward EXSC 100, if needed		
Courses: 3 Elective 3 3 Elective 3 3 Belevine 3 3 3 3 3 3 3 3 3			Human Performance Elective, select ONE of the following							
HHP 160 Principles of Athletic Training Physical Education Electives (6 credits, see below) 6 Elective 6 6 6 6 PE 136 Fitness - Soccer PE 137 Fitness - Softball PE 138 Fitness - Fennis PE 139 Fitness - Vollyball PE 140 Fitness - Softball PE 140 Fitness - Softball PE 140 Fitness - Softball PE 141 Fitness - Soft PE 142 Fitness - Badminton PE 143 Fitness - Badminton PE 144 Fitness - Basketball PE 158 Introduction to PE Activities PEH 161 Aerobic Exercise PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 13 Swimming for Fitness PE 13 Swimming for Fitness PE 13 Swimming for Fitness PE 143 Exercise and Conditioning PE 104 Badminton - Tennis PE 104 Badminton - Tennis PE 105 Exercise and Conditioning PE 104 Badminton - Tennis PE 105 Exercise and Conditioning PE 105 Exercise and Conditioning PE 106 Badminton - Tennis PE 107 Exercise and Conditioning PE 107 Exercise and Conditioning PE 107 Exercise and Conditioning PE 108 Badminton - Tennis PE 109 Exercise and Conditioning PE 109 Exercise and Conditioning PE 100 Badminton - Tennis PE 100 Badminton -				3				Elective	3	3
HHP 160 Principles of Athletic Training Physical Education Electives (6 credits, see below) 6 Elective 6 6 6 6 PE 136 Fitness - Soccer PE 137 Fitness - Softball PE 138 Fitness - Fennis PE 139 Fitness - Vollyball PE 140 Fitness - Softball PE 140 Fitness - Softball PE 140 Fitness - Softball PE 141 Fitness - Soft PE 142 Fitness - Badminton PE 143 Fitness - Badminton PE 144 Fitness - Basketball PE 158 Introduction to PE Activities PEH 161 Aerobic Exercise PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 13 Swimming for Fitness PE 13 Swimming for Fitness PE 13 Swimming for Fitness PE 143 Exercise and Conditioning PE 104 Badminton - Tennis PE 104 Badminton - Tennis PE 105 Exercise and Conditioning PE 104 Badminton - Tennis PE 105 Exercise and Conditioning PE 105 Exercise and Conditioning PE 106 Badminton - Tennis PE 107 Exercise and Conditioning PE 107 Exercise and Conditioning PE 107 Exercise and Conditioning PE 108 Badminton - Tennis PE 109 Exercise and Conditioning PE 109 Exercise and Conditioning PE 100 Badminton - Tennis PE 100 Badminton -	ННР	150	Foundations of Coaching							
Physical Education Electives (6 credits, see below) 6 Elective 6 6 6										
PE				6				Elective	6	6
PE 137 Fitness - Softball	PE	136								
PE 138 Fitness - Tennis PE 139 Fitness - Vollyball PE 140 Fitness - Golf PE 142 Fitness - Badminton PE 143 Fitness - Basketball PE 158 Introduction to PE Activities PEH 216 Aerobic Exercise PEH 217 Aerobic Exercise PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 113 Swimming for Fitness PE 218 Exercise and Conditioning PE 104 Badminton - Tennis PE 105 Badminton - Tennis PE 107 Badminton - Tennis PE 108 Badminton - Tennis PE 109 Badminton - Tennis PE 109 Badminton - Tennis PE 100 Badminton - Tennis PE 100 Badminton - Tennis PE 101 Badminton - Tennis PE 102 Badminton - Tennis PE 103 Badminton - Tennis PE 103 Badminton - Tennis PE 103 Badminton - Tennis PE 104 Badminton - Tennis PE 105 Badminton - Tennis PE 107 Badminton - Tennis PE 108 Badminton - Tennis PE 109 Badminton - Tennis PE 109 Badminton - Tennis PE 100 Badminton - Tennis PE 101 Badminton - Tennis PE 101 Badminton - Tennis PE 102 Badminton - Tennis PE 103 Badminton - Tennis										
PE 139 Fitness - Vollyball PE 140 Fitness - Golf PE 142 Fitness - Badminton PE 143 Fitness - Basketball PE 158 Introduction to PE Activities PEH 216 Aerobic Exercise PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 113 Swimming for Fitness PE 114 Exercise and Conditioning PE 104 Badminton - Tennis PE 104 Badminton - Tennis PC 105 Badminton - Tennis PC 106 Badminton - Tennis PC 107 Badminton - Tennis PC 107 Badminton - Tennis PC 108 Badminton - Tennis PC 109 Badminton - Tennis PC 100 Badminton - Tennis										
PE 140 Fitness - Golf Image: Control of the control										
PE 142 Fitness - Badminton PE 143 Fitness - Basketball PE 158 Introduction to PE Activities PEH 216 Aerobic Exercise PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 113 Swimming for Fitness PE 218 Exercise and Conditioning PE 104 Badminton - Tennis PE 105 Badminton - Tennis PE 106 Badminton - Tennis PE 107 Badminton - Tennis PE 108 Badminton - Tennis PE 109 Badminton - Tennis PE 109 Badminton - Tennis PE 100 Badminton - Tenni	PE									
PE 143 Fitness - Basketball PE 158 Introduction to PE Activities PEH 216 Aerobic Exercise PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 113 Swimming for Fitness PE 218 Exercise and Conditioning PE 104 Badminton - Tennis PE 105 Badminton - Tennis PE 106 Badminton - Tennis PE 107 Badminton - Tennis PE 108 Badminton - Tennis PE 109 Badminton - Tennis PE 109 Badminton - Tennis PE 100 Badminton - Tennis PE 100 Badminton - Tennis PE 101 Badminton - Tennis PE 102 Badminton - Tennis PE 103 Badminton - Tennis PE 104 Badminton - Tennis PE 105 Badminton - Tennis PE 107 Badminton - Tennis PE 108 Badminton - Tennis PE 109 Badminton - Tennis		142	Fitness - Badminton							
PEH 216 Aerobic Exercise PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 113 Swimming for Fitness PE 218 Exercise and Conditioning PE 104 Badminton - Tennis PE 105 Badminton - Tennis PE 106 Badminton - Tennis PE 107 Badminton - Tennis PE 108 Badminton - Tennis PE 109 Badminton - Tennis PE 109 Badminton - Tennis PE 100 Badmi	PE	143	Fitness - Basketball							
PEH 216 Aerobic Exercise PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 113 Swimming for Fitness PE 218 Exercise and Conditioning PE 104 Badminton - Tennis PE 105 Badminton - Tennis PE 106 Badminton - Tennis PE 107 Badminton - Tennis PE 108 Badminton - Tennis PE 109 Badminton - Tennis PE 109 Badminton - Tennis PE 100 Badmi	PE		Introduction to PE Activities						1	
PE 109 Liefguarding/First Aid/CPR/AED (2 credits) PE 113 Swimming for Fitness PE 218 Exercise and Conditioning PE 104 Badminton - Tennis TOTAL 6 63 62 62 NOTES: WCC general education "gen. ed." course options are located at www.sunywcc.edu/gened Elective options located at: www.sunywcc.edu/catalog NYIT: *Transfer substitution awarded on the basis of this agreement (2021-22 New York Tech Catalog)										
PE 113 Swimming for Fitness PE 218 Exercise and Conditioning PE 104 Badminton - Tennis PE 105 Badminton - Tennis PE 106 Badminton - Tennis PE 107 Badminton - Tennis PE 107 Badminton - Tennis PE 108 Badminton - Tennis PE 109 Ba	PE	109	Liefguarding/First Aid/CPR/AED (2 credits)							
PE 218 Exercise and Conditioning PE 104 Badminton - Tennis TOTAL 63 62 62 NOTES: WCC general education "gen. ed." course options are located at www.sunywcc.edu/gened Elective options located at: www.sunywcc.edu/catalog NYIT: *Transfer substitution awarded on the basis of this agreement (2021-22 New York Tech Catalog)		113								
TOTAL 63 62 62 NOTES: WCC general education "gen. ed." course options are located at www.sunywcc.edu/gened Elective options located at: www.sunywcc.edu/catalog NYIT: *Transfer substitution awarded on the basis of this agreement (2021-22 New York Tech Catalog)	PE		v							
TOTAL 63 62 62 NOTES: WCC general education "gen. ed." course options are located at www.sunywcc.edu/gened Elective options located at: www.sunywcc.edu/catalog NYIT: *Transfer substitution awarded on the basis of this agreement (2021-22 New York Tech Catalog)	PE	104	Badminton - Tennis							
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Elective options located at: www.sunywcc.edu/catalog NYIT: *Transfer substitution awarded on the basis of this agreement (2021-22 New York Tech Catalog)		eral education	on "gen. ed." course options are located at www.sunywcc.edu/gened							
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						(2021-22	New York Tech	Catalog)		